

HEARING GOD'S VOICE THROUGH MEDITATION

Meditation is a form of prayer because it is communication with God through prayerful listening. You quietly listen for God's voice through His Word and the impressions He speaks to your heart. A genuine relationship requires both talking and listening.

Practical Guideline for Daily Meditation

- I. In your daily Bible reading, ask God to speak to your heart.
 - A. Do not approach the Bible as a book of history and doctrinal teaching
 - B. Approach the Bible as God's personal word to you each new day
 - C. Ask God what He wants to say and is saying to you.
 - D. Ask God and allow Him to personally speak to your heart.

- II. When you have completed your daily time of Bible reading and prayer, write down key ideas and impressions.
 - A. Keep a journal or notebook of your daily time with God.
 1. A personal journal or diary is one of the most powerful forms of meditation
 2. This helps to facilitate a daily dialogue with God
 3. It is a written record of your relationship with God
 - B. Journaling allows you to form the habit of writing down specific promises God reveals to your heart.
 - C. Writing down key thoughts and impressions helps you to get into a serious habit of listening for God's voice.
 1. Too often we approach Bible reading and prayer without expecting to hear a personal word from God
 2. We seldom give God a chance to speak
 3. We should stop talking long enough to give God an opportunity to get a word in

- III. Fill your life with the Word of God
 - A. The more we are exposed to God's Word, the more He speaks to us and transforms our life.
 - B. Innovative ways to be filled with God's Word
 1. Tapes of Scripture
 2. Scripture songs
 3. A Scripture memorization program
 4. Placing famed scripture in strategic parts of your home
 - C. The more we meditate on God's Word, the easier it becomes to hear His voice

- IV. When you pray, be sensitive to God's specific impressions through which He leads you to focus on various issues of concern.
 - A. Be willing to follow the promptings of the Holy Spirit
 - B. Allow Him to be in control of this time

- V. Meditation
 - A. Reflect on key points of your Scripture reading and prayer
 - B. Assess what God has impressed to your heart
 - C. Write down key impressions in a daily journal
 - D. End your time with thanksgiving for God's presence

AM MESSAGE

WHEN WE MISS THE CELEBRATION

LUKE 15:25-32

PM MESSAGE

SILENT LORD'S SUPPER SERVICE

